

**Saint Edward the Confessor
Faith Formation**

21 Brush Hill Road
New Fairfield, CT 06812
www.saintedwardchurch.org
203-746-4270

2020 CONFIRMATION PACKET

Your completed Confirmation Packet must include the following papers.
Please check off as completed and when all is checked, you are ready to hand in.

- _____ 1. Confirmation Data Sheet
- _____ 2. A Note About Confirmation Sponsor Certificates
- _____ 3. Letter to Sponsor (mailed by Confirmand)
- _____ 4. Choosing a Confirmation Name
- _____ 5. Saint Report
- _____ 6. Confirmation Prep Log (Extra log enclosed)
- _____ 7. Decision Point instructions and worksheets

If at any time you need any assistance, please call the Faith Formation office.

1. Confirmation Data Sheet

This document is extremely important. It contains all the information that needs to be recorded in the permanent Confirmation Register and is sent to your Parish of Baptism to become part of your permanent sacramental history.

2. Sponsor Certificate Information

Each Candidate needs to choose a Sponsor. The Sponsor needs to provide a **Sponsor Certificate** from **their parish**, even if they belong to St. Edward the Confessor Church. *Please do not wait for the sponsor certificate to hand in your packet!*

Enclosed in this packet is a *“Note For Parents About Confirmation Sponsors”* including instructions for requesting a sponsor certificate **IF** the person you are choosing is a St. Edward the Confessor Parishioner. Sponsors who are not parishioners of St. Edward the Confessor Church must obtain a Sponsor Certificate from their own parish.

3. Letter to Your Sponsor

Once you have chosen and asked your Sponsor, please write a simple, one page, heart felt letter to him/her. In the letter, tell why you chose this person to be your Sponsor and how he or she can help you on your faith journey to Confirmation and beyond. Please mail the letter to your Sponsor upon completion.

4. Choosing a Confirmation Name

At Baptism your parents chose a name for you. At Confirmation this is your time to choose a name to be confirmed in the Catholic faith as you take responsibility for your faith journey. You may choose the name you were given at Baptism or you can choose a Christian name of your own. Fill out both your

Baptized full name and your chosen Confirmation Name with correct spelling. Your chosen Confirmation Name must match your Confirmation Name on the Data Sheet.

5. Saint Report

Your Saint Report will be based on the person whose life symbolizes for you what it means to live as a Christian. You take his/her name for your Confirmation Name as a reminder of how Jesus calls you to grow in Christ-like attitude just as the saint demonstrated in his/her life. In this way, you challenge yourself to become more Christ-like in your words and actions. If you wish, you may use your Baptismal Name.

Resources to help you:

- www.catholic.org/saints/
- www.americancatholic.org/Features/saints/

6. Confirmation Prep Service Log

As Catholic Christians, we are called to be like Jesus in the world and are encouraged to do service in His name. When you began the Sacramental Program in 6th Grade, you were asked to do Community Service for **a minimum of 20 hours** divided amongst family, community and parish. You also needed to complete **5 hours** of Spirituality/Prayer and **5 hours** of Intentional Acts of Kindness. Due to the pandemic we understand that you might not have been able to finish all your service requirements; please hand in what you have completed. Spirituality and Intentional Acts can still be completed at home.

Spirituality/Prayer Ideas:

Diocesan Rosary – sign up at <https://formationreimagined.org/>
Rosary at home
Bible reading
Download a Prayer or Bible app for daily devotions

Intentional Acts of Kindness Suggestions:

Clean your neighbor's yard
Pick up trash in your neighborhood
Help a younger child with their homework
Write thank you notes to your parents/grandparents/family
Sort through your books/games and donate them
Bake a batch of cookies for a friend who did you a favor or has received bad news
Google "Intentional Acts of Kindness" for more ideas

Return the completed packet by August 7th

Email to klaregina@sainedwardchurch.org

Or

Put in black mailbox in the church parking lot

Candidate Name

Last First Middle

Address

Street

City State Zip Code

Home Phone #

_____ **Birth Date**

Month Day Year

Born In

City State Country

Baptized At

Name of Church

Street Address of Church of Baptism

City and State and Country of Church of Baptism

Baptismal Date

Month Day Year

Parent's Names

Mother's First Name Last Name Maiden Name

Father's First Name Last Name

Parent E-Mail

Parent Cell #

Sponsor Full Name

Sponsor E-Mail

Sponsor Address

City State Zip Code

Sponsor Parish

Address of Parish

Street

City State Zip Code/Country

Relationship to Candidate

Please print the name you have chosen for Confirmation
(Correct spelling please! – What you put on this form will be used for official church documents.)

Confirmation Name



Church of St. Edward the Confessor
21 Brush Hill Road
New Fairfield, CT 06812
203-746-2200

A NOTE ABOUT CONFIRMATION SPONSORS & CERTIFICATES

The role of Sponsor is more than merely ceremonial. It is a ministry and a responsibility. The Sponsor stands for the Church and this “standing” must manifest an authenticity.

The Church has requirements that must be fulfilled in order to act as a Sponsor. However, the first question is not whether or not the Church will permit me to be a Sponsor, but whether I can allow myself to be one. Each one of us must ask, “Does my integrity allow me to stand at the altar and publicly profess that the faith I proclaim in word is truly a faith I practice?”

The role of Sponsor does not demand we be a saint and all of us have need of God’s mercy as we have miles to go on our Christian faith journey. It often happens that we are asked to act as a Sponsor even though we may not be actively practicing our faith. If you are in a similar situation, we invite you to let this moment be a real opportunity to grow in your faith. You could sit down with a priest, deacon, a practicing Catholic family member or a friend to help you take a new path in your faith.

Perhaps you are not ready for this. If you cannot bring yourself to a renewed practice of faith, then please be honest enough to simply ask the relative or friend who asked you to excuse you because you are not able to fulfill this role properly. This is what is meant by a call to integrity.

If we can be of any assistance in your decision making or in helping you respond to the grace that this occasion provides for you, please contact us. Thank you for giving this your best consideration and prayers to help you make the best decision.

IF your Sponsor is a parishioner of St. Edward’s, then they need to follow the instructions below to obtain a Sponsor certificate:

Visit our website <http://saintedwardchurch.org>.

Choose **Sacraments**; select **Confirmation** from the drop down menu.

Scroll down to **Documents**, select **Sponsor Certificate Request Form** and print.

Bring the completed form to the church office for priest approval.

Please note that *you must be registered as a parishioner here at St. Edward’s for at least 3 months* before we can issue a sponsor certificate. In an emergency situation where a certificate is needed before then you must speak directly with one of the priests.

If your Sponsor is NOT a parishioner of St. Edward’s, then they must obtain a Sponsor certificate from their own parish.

Choosing a Confirmation Name

Names In Scripture

The power of naming is linked to the power of creating. God creates, and then immediately names. God named everything he created: day, night, heaven, earth, and the sea. God commanded Adam to name each of the animals.

Read Genesis 2:20

The naming of three important people in our Catholic Faith is recorded in the Bible.

Read Genesis 21:3, Luke 1:13, Matthew 1:21-25

In the Bible, some individuals were renamed because they were taking on an important role for God.

Read Genesis 17:5, Matthew 16:13-18

Your Baptized Name

At Baptism your parents chose a name for you and accepted the responsibility to raise you in the Catholic faith. Discuss with your parents why they chose your name using some of the following questions:

Were you named after someone special in their lives? Was this person living or dead? Is it a relative or friend?

Were you named after someone famous - fictional or real?

Did they research what your name means?

Did they pick a name that has a good nickname? Do they call you by your proper name or nickname?

Did your parents just like the name? Do they feel your name fits your personality?

Your Baptized Name _____

Your Confirmation Name

At Confirmation you are taking responsibility of your faith journey and choosing to be Catholic. This is your time to choose a name to be confirmed in the Catholic faith.

You may choose the name you were given at Baptism as your Confirmation name or you can choose a Christian name of your own.

In choosing a Confirmation name choose a saint who is truly a witness of faith for you. Choose a saint you admire and want to be like.

The name I choose to be confirmed with: _____
(Must match the Confirmation Name on the white Data Sheet)

CONFIRMATION SAINT REPORT

Remember to pray to your patron saint for guidance!

What is your saint's name? _____

When was your saint born? _____

When did your saint die? _____

Was he/she martyred? If yes, how? For example: St. Peter was crucified upside down. _____

Where did he/she live? _____

What year was he/she beatified and by which Pope? _____

What year was he/she canonized and by which Pope? _____

What is your saint the patron of? _____

When is your saint's feast day? _____

What did he/she do during their lifetime? What did they do to become a saint?

Does he/she have a conversion story? How did his/her relationship grow with God?

What symbol is associated with your saint? (Ex: St. Peter holding keys)

What lessons have you learned from researching your saint and his/her relationship with God?

Please write a famous quote by your saint and a prayer associated with them.

Please list the references used to write your report.

NAME _____

CONFIRMATION PREP LOG

Service 1 year project or accumulation of 20 hours	Spirituality/Prayer Each box = 1 hour	Intentional Acts of Kindness
Sponsor Name: Date: Hours Completed:		
Sponsor Name: Date: Hours Completed:		
Sponsor Name: Date: Hours Completed:		
Sponsor Name: Date: Hours Completed:		
Sponsor Name: Date: Hours Completed:		

The Confirmation Permit is a way to prepare you for Confirmation and enlighten you as how God is calling you and after Confirmation, to continue to grow in a relationship with God and to live out your Catholic identity. There are 3 areas of the permit: **Service, Spirituality/Prayer, Intentional Acts of Kindness for a total of 30 hours.**

Service: 20 hours required

Jesus said, "Here I am among you as one who serves." Luke 22:27

Christian service is considered help to those in need beyond the scope of our family. We encourage students to serve the Church, community, and neighbor without receiving compensation.

Service Ideas and Suggestions (not limited to ideas listed)

St. Edward's Faith Formation program: volunteering for Grades 1-5 classes, Vacation Bible School, Retreats

St. Edward's Altar Server and/or Choir

NF Public School: PTO events/activities

Boy/Girl Scouts

Sports Leagues: Coaching a youth team, reffing games

Area Nursing Homes/Food Pantries

Spirituality/Prayer: 5 Hours required

The choices do not have immediate visible outcomes, but they are critical in each person's faith journey.

Spirituality/Prayer Ideas:

Stations of the Cross during Lent

First Friday Adoration (7pm Adoration/8pm mass led by Sr. Youth Group)

Reconciliation (outside of Faith Formation class)

Rosary: offered once a month after class (schedule will be given)

Intentional Acts of Kindness: 5 Hours required

This is a way to not focus on yourself, but consider the lives and needs of people around you. "Random Acts of Kindness" are great but what if we were more *intentional* about these acts. How much better would the world around us be?

Intentional Acts of Kindness Suggestions:

Clean your neighbor's yard

Visit a Senior Center/play a game

Make first aid kits for Dorothy Day

Pick up trash in your neighborhood

Help a younger child with their homework

Write thank you notes to your parents/grandparents/family

Sort through your books/games and donate them

Bake a batch of cookies for a friend who did you a favor or has received bad news

There are many other Acts of Kindness-take the time to think outside the box. There are suggestions if you google Intentional Acts of Kindness.

It is the responsibility of each student to complete and document all activities he/she has done on the Confirmation Permit form which includes hours, description, and signatures. A copy must be submitted with the student's Confirmation packet at the end of 8th grade.

DECISION POINT

DECISION POINT by Dynamic Catholic teaches and inspires teens to respond to God's grace!

Decision Point can be accessed either of two ways:

1. Go to the App Store on your phone and download the free Decision Point app.
2. On your computer go to <https://dynamiccatholic.com/confirmation/program-view/session-1-1>

You will be viewing all of **Session 1 - Life Is Choices:**

View 1.0 - Navigation

View 1.1 - Your Choices Matter Complete the Discussion Questions #1.

View 1.2 - The Best Way to Live Complete Discussion Questions #2.

View 1.3 - God' Dream for You Complete Discussion Questions #3.

View 1.4 - Be a Rebel Complete Discussion Questions #4.

View 1.5 - Decision Point

Discussion Questions

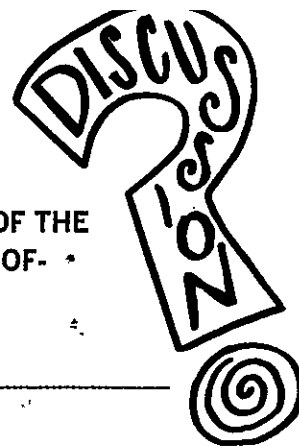


#1

1) WHO DO YOU KNOW WHO IS A GREAT DECISION MAKER? WHAT MAKES THIS PERSON A GREAT DECISION MAKER?

2) DESCRIBE A TIME WHEN YOU IGNORED YOUR CONSCIENCE AND REGRETTED IT LATER. DESCRIBE A TIME WHEN YOU LISTENED TO YOUR CONSCIENCE AND FOLLOWED IT, EVEN THOUGH IT WAS DIFFICULT.

3) ARE YOU GOOD AT MAKING DECISIONS? ON A SCALE OF 1 TO 10 (10 BEING THE BEST), HOW GOOD DO YOU THINK YOU ARE AT MAKING DECISIONS? WHAT'S ONE PRACTICAL THING YOU COULD DO TO BECOME A BETTER DECISION MAKER?



#2

1. IN SOME WAYS THE BEST WAY TO LIVE IS THE SAME FOR US ALL. WHICH OF THE THREE PRINCIPLES HAD THE MOST IMPACT ON YOU (THE-BEST-VERSION-OF-YOURSELF, VIRTUE, OR SELF-CONTROL)?

2. HOW WOULD YOUR RELATIONSHIPS IMPROVE IF YOU STARTED TO REALLY LIVE THESE THREE PRINCIPLES?

3. IF AT THE END OF YOUR LIFE YOU COULD BE REMEMBERED FOR JUST ONE VIRTUE, WHICH WOULD YOU CHOOSE? WHY IS THAT VIRTUE IMPORTANT TO YOU?



GOD'S DREAM

3

1. HAVE YOU EVER MET SOMEONE AND DISCOVERED THAT PERSON WAS NOTHING LIKE WHAT YOU THOUGHT HE OR SHE WOULD BE LIKE?

2. WHO IN YOUR LIFE IS HELPING YOU BECOME THE-BEST-VERSION-OF-YOURSELF?

3. WHAT ARE TWO THINGS YOU CAN DO TO BECOME A-BETTER-VERSION-OF-YOURSELF THIS WEEK?

Discussion Questions

#4

1. WHEN WAS THE LAST TIME YOU WATCHED SOMETHING ON TV THAT HELPED YOU BECOME A-BETTER-VERSION-OF-YOURSELF?

2. IN WHAT WAYS DO YOU FEEL CALLED TO REBEL AGAINST TODAY'S CULTURE?

3. HOW IS THE PATH GOD IS CALLING YOU ALONG DIFFERENT AND BETTER THAN THE CULTURE'S WAY OF DOING THINGS?
